

**MINUTES: Healthy Carolinians of Macon County – Board of Directors**

**DATE:** January 13, 2010

**PLACE:** Health and Human Services Building

**TIME:** 8:30 – 10:00 AM

**ATTENDEES:** Rhonda Blanton, Dan Brigman, Teresa Mallonee, Kathy McGaha, Barbara McRae, Holly Rogers, Roberta Swank, Jim Thurmond, Martin Wadewitz and Vince West

| TOPIC   | DISCUSSION  | ACTION | FOLLOW-UP |
|---|---|--------|-----------|
| Welcome and Approval of Minutes                   | Teresa Mallonee welcomed everyone to today’s meeting of the Board of Directors. Ms. Mallonee asked the board members to review the minutes of the last meeting. Martin Wadewitz motioned for the approval of the minutes. Roberta Swank 2 <sup>nd</sup> the motion, with a unanimous vote for approval.   |        |           |
| Nomination Committee’s Slate of New Board Members | <p>Kathy McGaha (reporting for Jane Kimsey) updated the board members on the nomination process. Ms. McGaha said that the Nomination Committee was presenting Dr. Dan Brigman and Holly Rogers as candidates for the HCMC Board of Directors.</p> <p>Ms. McGaha (representing the Nomination Committee) made a motion to accept the candidates nominated. Martin Wadewitz 2<sup>nd</sup> the motion, with a unanimous vote for approval.</p> <p>Ms. McGaha said the Nomination Committee is currently in discussion with a candidate covering the faith-based/ ministerial opening. Ms. McGaha said the current board members have also discussed possibly having another board member from the Highlands area.</p> |        |           |
| Introductions                                     | <p>Kathy McGaha introduced and welcomed the two new board members – Dr. Dan Brigman and Holly Rogers. Dr. Dan Brigman is the Superintendent for the Macon County School System. (Ms. McGaha gave special thanks to Roberta Swank for suggesting Dr. Brigman.) Holly Rogers is the VP/Director of Human Resources at Macon Bank.</p> <p>All the board members welcomed them and thanked them for agreeing to become a part of the HCMC Board</p>   |        |           |

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|                          | <p>of Directors. Ms. McGaha then asked the board members to introduce themselves and tell what organization they represent.</p>  |        |           |
| <p>Director's Report</p> | <p>Kathy McGaha next informed the board members of the Director's Report:</p> <p><u>2008 – 2009 990 Tax Report</u><br/>           Kathy McGaha reported that the tax report was due on November 15<sup>th</sup>. Ms. McGaha stated that it was turned in late. Ms. McGaha said that Charles Leatherman (who has done the tax reports in the past) was unable to complete the reports this year.</p> <p>Ms. McGaha said she then had to search for a new accountant that could complete a non-profit tax report. Ms. McGaha gave thanks to Ann Van Harlingen, who was able to suggest an accountant in Murphy. The cost of the tax preparation was \$700. Ms. McGaha said the cost would be less next year if this accountant was used again.</p> <p><u>Healthy Carolinians 2020 Objectives</u><br/>           Ms. McGaha said it is time for the development of the 2020 Objectives. Ms. McGaha said in North Carolina this process would start at the state level.</p> <p>Ms. McGaha explained that the Governor's Task Force would be charge of developing these objectives. The North Carolina Institute of Medicine and the Division of Public Health have expressed an interest in assisting with the development of these objectives.</p> <p>Ms. McGaha explained that she is the local contact for the Governor's Task Force. Ms. McGaha said the process for the development of the 2020 Objectives is for</p> |        |           |

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|                     | <p>different committees to compile a list of at least three objectives</p> <p>Ms. McGaha said she has agreed to participate in two committee's:</p> <ol style="list-style-type: none"> <li>1. Social Determents of Health</li> <li>2. Mental Health</li> </ol> <p><u>2010-2011 Budget Draft</u></p> <p>Ms. McGaha stated that she is currently working on the draft for the 2010-2011 HCMC budget. Ms. McGaha said she would report on the budget further at the next board meeting.</p>  |        |           |
| Free Clinic Project | <p>Kathy McGaha stated she was happy to announce the opening of the Free Clinic Project in the Franklin area. Ms. McGaha said this clinic will provide free primary care to the uninsured and underinsured in the Franklin area.</p> <p>Ms. McGaha explained that funding became available through a grant from the North Carolina Department of Health and Human Services Office of Rural Health and Community Services. The one-year grant is for the amount of \$138,000. This grant is potentially renewable for two more additional years.</p> <p>The clinic in Franklin is considered a satellite clinic to the already established Community Care Clinic of Highlands which opened in 2005. The Community Care Clinic and the Macon County Public Health Center were co-applicants for the grant. The Community Care Clinic is the lead agency and the Health Center provides the facilities.</p> <p>The clinic in Franklin will initially be open one night a week on Wednesdays from 5:00 PM to 9:00 PM. The</p> |        |           |

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|                                   | <p>clinic will offer basic primary care provided by volunteer physicians and midlevel providers. Ms. McGaha said other volunteer opportunities also exist for nurses, clinical staff, clerical and translators.</p>   |        |           |
| <p>Other Items for Discussion</p> | <p>Other Items for Discussion:</p> <ul style="list-style-type: none"> <li>o Kathy McGaha wanted to inform the board members about the upcoming <b>Warmth in Winter</b> event being held on January 27<sup>th</sup> at CARENET. Ms. McGaha said this event is a project of the Strengthening Families Committee. Ms. McGaha said a free hot meal will be offered, winter clothing and personal hygiene items will be available and different agency representatives will be on hand to explain their services. Ms. McGaha said Macon Transit will have pick-up locations at several spots in the Franklin area. Ms. McGaha said a homeless count will also be taken at this time.</li> </ul> |        |           |
| <p>Next Meeting Date</p>          | <p>The next meeting of the Board of Directors will be held on Wednesday, April 28<sup>th</sup>, from 8:30 AM – 10:00 AM in Meeting Rooms A/B at the Health and Human Services Building.</p>   |        |           |